

Greenlee County Health Department- Teen Pregnancy Prevention Program

Eligibility: This program is for youth eleven through nineteen years of age, youth involved in the juvenile justice system, youth living in foster care and parents in general.

Program Goals:

1. To reduce the number of youth ages eleven through nineteen in Greenlee County who have engaged in sexual activity.
2. To reduce the rates of pregnancy and birth among teens ages eleven through nineteen.
3. To decrease the incidence of sexually transmitted diseases/infection among teens ages eleven through nineteen.

Funding: Program services are funded by the State of Arizona lottery dollars and federal funds through the U.S. Department of Health and Human Services, Family and Youth Services Bureau.

Services Provided:

Curriculum available in Greenlee County- Making Proud Choices ©

“Making Proud Choices is an evidence-based eight lesson curriculum designed to empower adolescents to change their behavior in ways that will reduce their risk of becoming infected with HIV and other STD’s, and significantly decrease their chances of being involved in unintended pregnancies. The curriculum acknowledges that abstinence is the most effective way to eliminate these risks. However, realizing that abstinence is not the path that many young people will choose, the curriculum spends time encouraging the practice of safer sex and condom use.”

Active Parenting Courses- Active Parenting of Teens ©

“To support the development of human potential through the family structure by providing parents with the information and skills to foster in their children the qualities necessary for thriving in a democratic society: cooperation, courage, responsibility, and self-esteem.”

Coming soon- Mental Health First Aid for Youth ©

“Youth Mental Health First Aid is designed to teach parents, family members, caregivers, teachers, school staff, peers, neighbors, health and human services workers, and other caring citizens how to help an adolescent (age 12-18) who is experiencing a mental health or addictions challenge or is in crisis. Youth Mental Health First Aid is primarily designed for adults who regularly interact with young people. The course introduces common mental health challenges for youth, reviews typical adolescent development, and teaches a 5-step action plan for how to help young people in both crisis and non-crisis situations. Topics covered include anxiety, depression, substance use, disorders in which psychosis may occur, disruptive behavior disorders (including AD/HD), and eating disorders.”