Greenlee County WIC

News Release

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Greenlee County WIC| 928.865.2601 |

eWIC Makes it Easier for Families to Get Healthy Foods

The Arizona Department of Health Services has completed a multi-year effort to launch an electronic system called eWIC that replaces paper checks with a card for families that participate in the Women, Infants, and Children (WIC) Program.

"The Greenlee County WIC Program provides services to 250 participants each month," says Brieanna Morales, RDN WIC Director. "The move to eWIC means that our WIC families can shop for the same healthy WIC-approved foods with more flexibility to go to the store throughout the month with their WIC benefits on one card."

WIC families can also download the EzWIC app for Apple and Android devices. This app will allow them to search the WIC Food List, scan items in the store to see if they are WIC-approved, and check their current benefit balance.

WIC is a successful public health nutrition program that provides healthy foods, nutrition education, breastfeeding support, and connections to community services for income-eligible women who are pregnant and postpartum, infants, and children up to five years old. To learn more or to locate a WIC clinic, visit <u>azwic.gov</u>.